

A dramatic landscape featuring a large, leafless tree in the foreground, a fence, and a dark, stormy sky. The text is overlaid on the image.

FINDING FORTITUDE

Rethinking resilience for teams & leaders

@brucedaisley



Resilience webinar

Thursday lunchtime

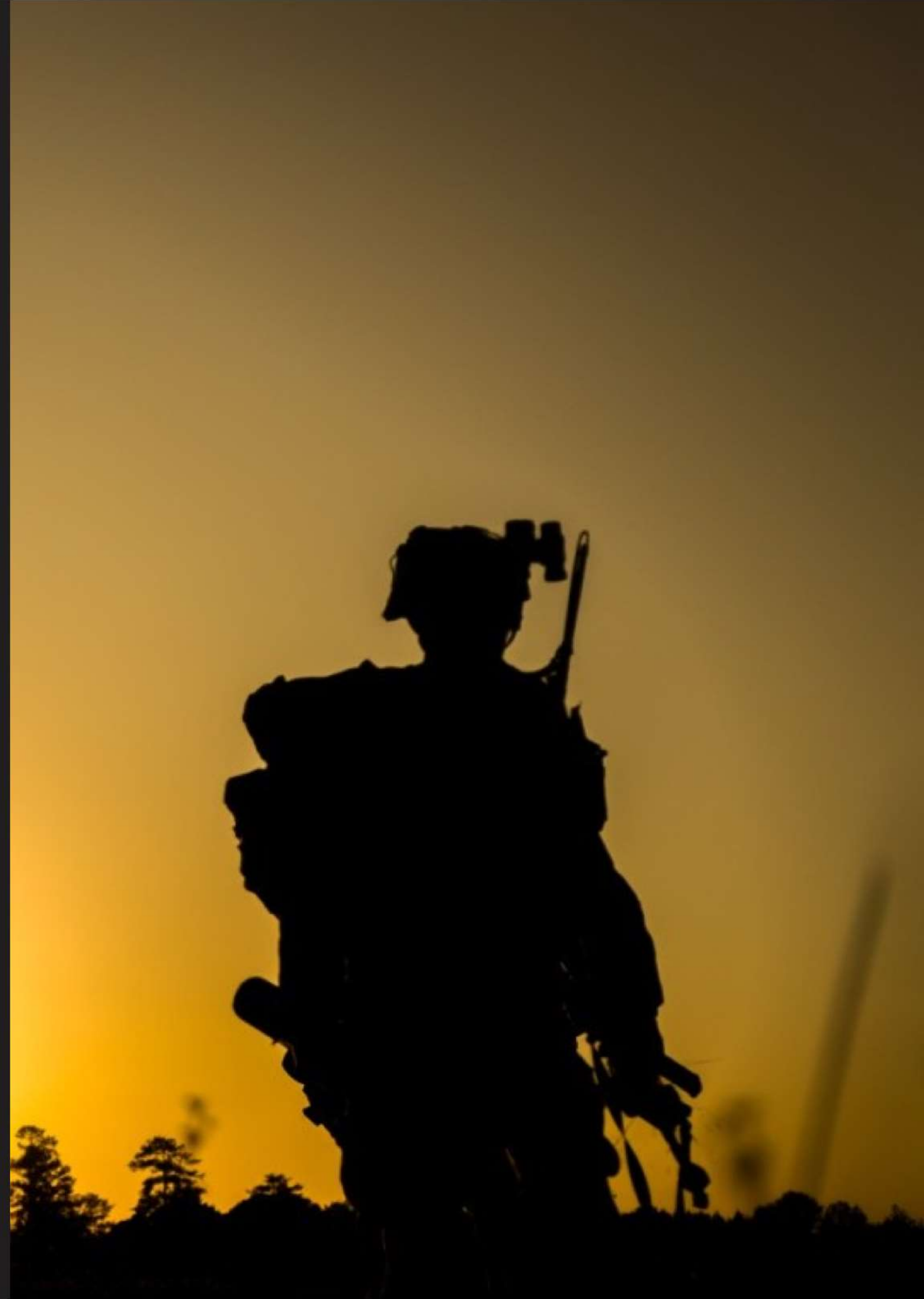
For details check your inboxes, you
need to sign up by Tuesday
lunchtime. Speak to your supervisor
if you are unable to attend. Session is
arranged by Claudio Jones





ARMY RESILIENCY PROGRAMME

'There's zero evidence
that it... does anything to
help soldiers'



SCHOOL RESILIENCY PROGRAMME

'There's no evidence it had any impact'

**'Large scale roll out cannot be
recommended'**

Never in the history of 'calming down' has someone calmed down by being told to 'calm down'







**“RESILIENCE IS SOMETHING THAT
ONLY OCCURS IN AND TO
GROUPS”**

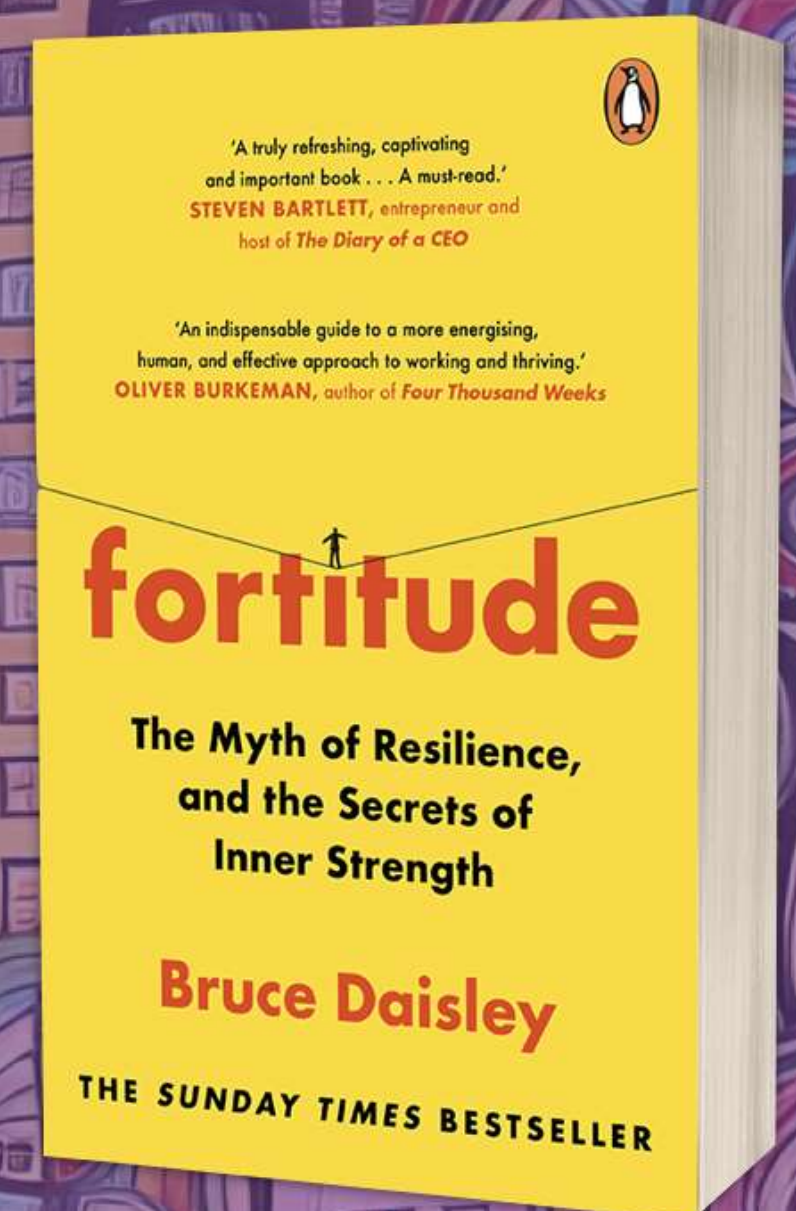
Professor Alex Haslam



“SOCIAL CONNECTEDNESS IS ONE
OF THE MOST POWERFUL
DETERMINANTS OF OUR WELL-BEING”

Professor Robert Putnam

CONTROL COMMUNITY IDENTITY





80%
received
direct
feedback
this week

HAVING BEST FRIEND AT WORK



Source: Gallup Workforce survey

FRIENDSHIP

'privilege of having been seen by someone and the equal privilege of having been granted the sight of the essence of another'

David Whyte

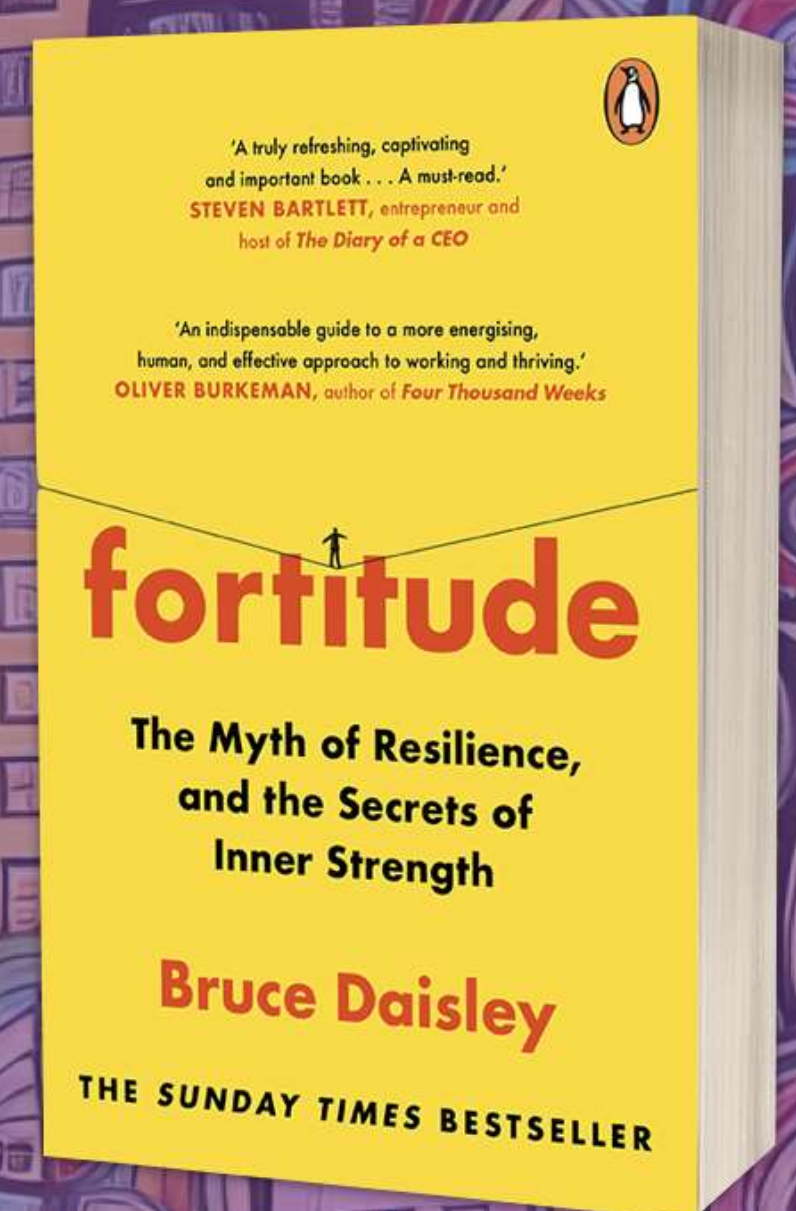


HAVE SMARTPHONES DESTROYED A GENERATION?

More comfortable online than out partying, post-Millennials are safer, physically, than adolescents have ever been. But they're on the brink of a mental-health crisis.

By Jean M. Twenge

CONTROL COMMUNITY IDENTITY





SIMCHA

We're all in this together

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