

Key aims of this resource

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To advise managers on their role in preventing musculoskeletal disorders (MSDs, may also be known as MSKs) and supporting staff who have pre-existing MSDs.

To inform employees how they can promote, protect and support their musculoskeletal health to provide a basic framework and direction on where to get more detailed advice on the complex issues which arise in the healthcare setting.

To provide guidance to a range of professionals, including health and safety, occupational health, ergonomists, and back care professionals as well as managers involved in risk management of MSDs.

To support managers and safety representatives to work together to prevent musculoskeletal disorders and ensure employees do not suffer ill health or injury as a consequence of their work. It is not intended to be a comprehensive guide for managers on dealing with the complicated issues surrounding back pain and musculoskeletal disorders.